

Helpful Tips

How Care Advocate Works



- 1** Call Customer Care at 1-800-788-6632 and tell them that you want to set up a call with your Care Advocate to discuss your objectives and wellness goals.



- 2** Receive your personalized Care Plan with trusted resources and tools, all hand-picked for you by your Care Advocate.



- 3** Complete the activities in your plan and set up follow-up phone sessions with your Care Advocate as needed.

Care Advocates cannot provide legal, financial, or medical advice. For certain areas of expertise, your Care Advocate may use third party resources to connect you with professionals in specialized practices that can address your questions and concerns. Lively is not responsible for any acts or omissions, including negligence, by the third parties or such professionals. For more information regarding the Care Advocate service, please visit <http://www.lively.com/support>.

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